



# Nicole Laby, MS MFT

**PSYCHOTHERAPY**  
**LMFT #43780**

101 Broadway  
Suite 204  
Oakland, CA 94607

T: 415.820.3952

[www.NicoleLaby.com](http://www.NicoleLaby.com)  
[www.ErasingED.com](http://www.ErasingED.com)

## Education

**2000-2003** San Francisco State University: MS, Clinical Psychology

**1993-1997** San Francisco State University: BA, Clinical Psychology

## Professional Experience

**2004-Present** Private Practice

Marriage and Family Therapist (MFT) with a specialization in the treatment of eating disorders.

**June-December 2015** Temporary Volunteer: Director of Eating Disorders Training Program

Trained and supervised graduate-level interns enrolled in the eating disorders training program at CIP, which provides psychotherapy for people dealing with a variety of clinical issues. Counseling is provided by intern-therapists who are supervised by licensed therapists.

**2003-2007** Henry Ohlhoff Intensive Outpatient Eating Disorders Program (IOP): Psychotherapist

Provided individual, family, and couples therapy to women, men and teens. Facilitated groups: Multi-Family, Art & Expressive Arts Therapy, the Supervised Meal group, Process groups, Relapse Prevention, and 12 Step.

**2000-2001** Women's Recovery Association (Residential and Intensive Outpatient): Mental Health Clinician

Facilitated a process group for dual diagnosed women (CD and ED).

**1999-2000** Baker Places/West Side Lodge: Mental Health Clinician

Implemented adjunct treatment program for clients diagnosed with eating disorders.

**1997-2001** Baker Places/West Side Lodge

Mental Health Clinician at acute diversion unit for homeless, forensic, and dual/triple diagnosed populations.

**1994-1997** Baker Places

Mental Health Clinician at residential treatment center for dual/triple diagnosed populations: chemical dependency, mental illness, and HIV-related illnesses.

## Internship Experience: Undergraduate and Graduate

**1994-1995** Undergraduate Clinical Psychology Internship: Baker Places  
Mental Health Clinician at residential treatment center for dual/triple diagnosed populations: chemical dependency, mental illness, and HIV-related illnesses.

**2000-2001** Graduate Clinical Psychology Internship: Daly City Youth Health Center

- Psychotherapist Intern: provided outpatient psychotherapy for teens. Population included diagnoses of eating disorders, chemical dependency, and mental illness. Also treated gang-affiliated teens.
- Jefferson High School/Daly City Youth Health Center, Clinician  
Facilitated a clinical process group for teen girls in recovery of eating disorders.

**2001-2003** Graduate Clinical Psychology Internship: San Francisco Art Institute  
Psychotherapist Intern: provided on-site psychotherapy for SFAI students.



# Nicole Laby, MS MFT

PSYCHOTHERAPY  
LMFT #43780

101 Broadway  
Suite 204  
Oakland, CA 94607  
T: 415.820.3952

www.NicoleLaby.com  
www.ErasingED.com

## Lectures/Training Programs on the Etiology and Treatment of Eating Disorders

**2014** APTED: Association of Professionals Treating Eating Disorders; San Francisco, CA

**2014** Eating Recovery Center of California; Sacramento, CA

**2014** Monarch Cove Treatment Center's Preferred Provider Conference: *Love, Relationships and Attachment in the Treatment of Eating Disorders*; Pacific Grove, CA

**2013** Casa Serena, eating disorder IOP, CEU training; Concord, CA

**2006** KTVU Channel 2 News: Television broadcast. Panel interview of clinicians specializing in treatment of eating disorders. Panel interview with UC women's studies professors: history of body image in America; San Francisco, CA

**2003-2008** Graduate Programs: UC Berkeley; Golden Gate University; San Francisco State University; St. Mary's College of California

## Eating Disorder Presentations/Q&A at Middle Schools and High Schools

**2003-2007** Lowell High School; Sacred Heart Cathedral Preparatory; James Lick Middle School; University High School, Mercy High School College Prep

## Field Contributions

**2011** *Erasing ED*, a documentary film on the recovery aspects of eating disorders.

- Featured nationally on PBS from 2012-2014.
- Awarded independent film festival honors:
  - Indie Fest Award, 2012;
  - Los Angeles Film Festival Award of Excellence, 2012.

**2012** *Erasing ED Treatment Manual*, first edition, a companion to the film. Training manual for mental and physical healthcare providers and graduate psychology students.

**2014** *Erasing ED Treatment Manual*, second edition (in progress).